

Anticonceptivos y composición

Busca tu anticonceptivo y la generación. Luego buscar en la siguiente tabla las características de la generación.

Progestins and Estrogens in Some Frequently Used Hormonal Contraceptives

Brand	Estrogen (amount)	Progestin type	Generation	Progestin (amount)
Alesse	0.02 mg	levonorgestrel	Second	0.10 mg
Apri	0.03 mg	desogestrel	Third	0.15 mg
Aranelle	0.035 mg	norethindrone	First	0.50 mg*; 1.00 mg
Aviane	0.02 mg	levonorgestrel	Second	0.10 mg
Azurette	0.02 mg; 0.01 mg	desogestrel	Third	0.15 mg
Beyaz	0.02 mg	drospirenone	Fourth	3.00 mg
Camila	N/A	norethindrone	First	0.35 mg
Caziant	0.025 mg	desogestrel	Third	0.10 mg; 0.125 mg; 0.15 mg
Depo-Provera	N/A	medroxy progesterone	First	150.00 mg/every 3 months
Desogen	0.03 mg	desogestrel	Third	0.15 mg
Enpresse	0.03 mg; 0.04 mg	levonorgestrel	Second	0.05 mg; 0.075 mg; 0.125 mg
Errin	N/A	norethindrone	First	0.35 mg
Estrostep Fe	0.02 mg; 0.03 mg; 0.035 mg	norethindrone acetate	First	1.00 mg
Gianvi	0.02 mg	drospirenone	Fourth	3.00 mg
Heather	N/A	norethindrone	First	0.35 mg
Jencycla	N/A	norethindrone	First	0.35 mg
Jolivette	N/A	norethindrone	First	0.35 mg
Kariva	0.02 mg; 0.01 mg	desogestrel	Third	0.15 mg
Lessina	0.02 mg	levonorgestrel	Second	0.10 mg
Levlite	0.02 mg	levonorgestrel	Second	0.10 mg
Levora	0.03 mg	levonorgestrel	Second	0.15 mg
Lo/Ovral	0.03 mg	norgestrel	Second	0.30 mg
Loestrin	0.02 mg	norethindrone acetate	First	1.00 mg
Low-Ogestrel	0.03 mg	norgestrel	Second	0.30 mg
Lybrel	0.02 mg	levonorgestrel	Second	0.09 mg
Mircette	0.02 mg; 0.01 mg	desogestrel	Third	0.15 mg
Mirena	N/A	levonorgestrel	Second	Approx. 0.02 mg/day
Natazia	3.00 mg; 2.00 mg; 1.00 mg	dienogest	Fourth	0.00 mg; 2.00 mg; 3.00 mg

Nor-QD	N/A	norethindrone	First	0.35 mg
Nora-BE	N/A	norethindrone	First	0.35 mg
Nordette	0.03 mg	levonorgestrel	Second	0.15 mg
NuvaRing	Approx. 0.015 mg/day	etonogestrel	Third	Approx. 0.12 mg/day
Ocella	0.03 mg	drospirenone	Fourth	3.00 mg
Ortho Tri-Cyclen	0.035 mg	norgestimate	Third	0.18 mg; 0.215 mg; 0.25 mg
Ortho-Novum	0.035 mg	norethindrone	First	0.50 mg; 1.00 mg
Ortho Micronor	N/A	norethindrone	First	0.35 mg
Previfem	0.035 mg	norgestimate	Third	0.25 mg
Reclipsen	0.03 mg	desogestrel	Third	0.15 mg
Safyral	0.03 mg	drospirenone	Fourth	3.00 mg
Seasonale	0.03 mg	levonorgestrel	Second	0.15 mg
Seasonique	0.03 mg	levonorgestrel	Second	0.15 mg
TriNessa	0.035 mg	norgestimate	Third	0.18 mg; 0.215 mg; 0.25 mg
Triphasil	0.03 mg; 0.04 mg	levonorgestrel	Second	0.05 mg; 0.075 mg; 0.125 mg
Velivet	0.025 mg	desogestrel	Third	0.10 mg; 0.125 mg; 0.15 mg
Yasmin	0.03 mg	drospirenone	Fourth	3.00 mg
Yaz	0.02 mg	drospirenone	Fourth	3.00 mg

* Pills listing multiple dosages vary the dosage across the twenty-eight-day pill cycle.

Different Generations of Progestins

Generation	Notes
First	Derived from testosterone (T). These are highly "progestational," meaning good at preventing the HPG cascade and preventing ovulation.
Second	Derived from testosterone (T). These are known to increase a person's risk of experiencing T-related side effects such as decreasing good cholesterol (HDL), increasing weight gain, and causing acne and hair growth in places you don't want hair. These effects are usually offset by the estrogen in these pills, but some women still experience these types of T-rific side effects.
Third	Derived from testosterone (T). However, the T molecules in this generation of progestins have been manipulated in a way that decreases the pesky T-related side effects (weight gain, acne, hairiness). These come with a higher risk of blood clots than second-generation pills do.
Fourth: Dienogest	A fourth-generation progestin derived from testosterone (T). However, unlike the others, this actually blocks T receptors, making it so T can't be "read" by the cells in your body. So even though it's made from T, it's anti-androgenic. This means fewer breakouts and less weight gain. This generation of progestin (including drospirenone, described below) is also really good for people who have problems with bleeding between periods.
Fourth: Drospirenone	Also a fourth-generation progestin, this is the only one that is not made out of testosterone; it's derived from a diuretic called spironolactone. Of all the progestins, this one has the most potent anti-androgen effects. It often promotes clearer skin and can promote initial weight loss because it exerts effects that can decrease water retention caused by estrogen.